

## **„Hunger strike”- Dialog & Solidarity.**

*The only common who we are as ‘two Legends, no feather’ is our loneliness.*

*Between father Sun and the mother Earth we are searching our place in the great circle of life.*

*This year I dedicate spring fasting as “hunger strike” for resistance of Patentability of Living Forms.*

*We share our intentions with people who come to Health Care Fasting (annual Agnieszka Olędzka - ‘Wegetariański Świat’ - independent polish monthly paper event: [www.wegetarianski.pl](http://www.wegetarianski.pl) ).*

*Macrobiotic diet before fast, gorgeous sunny weather helps to pass thru with no food - ‘burning unneeded stuff’ in ours bodies, minds and dreams. Endogen nutrition is archaic ability to survive.*

*Walking thru magnificent beauty of Nature for new life, for a visions, facing relations and inner dialog.*

*My question was: who I am ?*

*I pray a lot: every step I take, I cry a little, to be only Hope.*

*I’d got plenty of time to make it happen.*

*We light a fire twice: on the beginning and to the end.*

*Grażyna Ziółkowska gave us medical support and speeches.*

*Stefan Poprawa have been holding massage classes and macrobiotic seminars.*

*Mateusz Wiszniewski was leading exercises and massage sessions.*

*Wojtek gave us courage doing all day long research trips on bike, fishing boat, swimming in the sea.*

*I did ear candling presentation and holding evening circle.*

*We had everyday news from France – thanks Dom.*

***No one was advocating for GM after we share ‘talking stick’.***

*I complete my fasting two days before others to be helper for my people. We left home with more open hearths and hopes.*

Urlick

